

APPENDIX B: Continuum of Actions and Supports

1. Continue to practice conservation and appropriate use

Adherence to best practices for PPE conservation and appropriate use remain critically important to our collective response to COVID-19. PPE is one of several lines of defence against COVID-19, and a range of conservation strategies (e.g., engineering, and administrative control actions) should also be implemented where possible. Prospective recipients of PPE from the province's pandemic supply must ensure their practices are in line with the [PPE guidance available on conservation and appropriate use](#), as developed by the Chief Medical Officer of Health. The Ontario Health guidelines on [Optimizing Supply of PPE](#) provide guidance on PPE use and conservation strategies to ensure long-term sustainability of PPE during the pandemic, including N95s.

Health care workers caring for cohorted residents with suspected or confirmed COVID-19 should be following extended-use recommendations as appropriate for their setting. Consider the following key principles:

- Cohort residents with suspected or confirmed COVID-19, assign designated teams of health care providers, and batch your resident encounters to help conserve the use of PPE
- Extend the use of PPE for as long as possible, but once wet, damaged, soiled, or removed (e.g., to eat or drink), or after exiting the resident care area, PPE should be changed

2. Train an in-house fit tester who can support ongoing fit test needs

As the provincial stock will continue to vary subject to global supply constraints, local demand, and disease prevalence, it is highly encouraged that retirement homes identify individuals to become designated fit-testers and participate in train the trainer education, which is delivered by Public Services Health & Safety Association (PSHSA) - <https://www.pshsa.ca/courses/training-the-fit-tester-for-respiratory-protection-distance-learning-training-program>. Trainees must have access to a fit testing kit to conduct the training and to deliver fit testing to staff. This option allows ongoing fit testing to be conducted in-house in case availability of respirators shifts to new models.

Masks for the purposes of fit testing can be requested through the [PPE request form](#). Please use the correct link for the West Region vs. the common link for the Toronto, Central, North and East regions). The province will send respirators for fit testing that are in sustainable volumes of supply, so that, if required, homes can request product from the province for regular use. Note: expired masks might be sent to support Fit testing.

3. Engage an External Fit Tester

Please see below for a non-comprehensive list of organizations in Ontario that provide fit test services. Employers who require fit testing for their staff are encouraged to contact a vendor listed below to schedule an appointment for this service. N95 respirator supply to support fit testing can be requested through the critical PPE escalation portal - <https://ehealthontario.on.ca/en/health-care-professionals/digital->

health-services. **Please note that the cost of fit testing is a responsibility of the employer.**

Train the Trainer: As the provincial stock may continually vary subject to supply and demand, and fit testing may be an ongoing need, it is highly encouraged that long-term care and retirement homes identify individuals to become designated fit-testers and participate in train the trainer education. Public Services Health and Safety Association (PSHSA) is among the available providers of this training. In-person and virtual options are available. Individuals must have access to a fit testing kit both to conduct the training and to fit test others. This option allows ongoing fit testing to be conducted in-house in case availability of respirators shifts to new models.

Fit Test Service Providers

Organization	Phone Number	Email if Applicable
1 Contact Safety Training & Consulting	416-822-5925	info@1contactsafety.ca
Act First Safety	416-283-7233	safety@actfirstsafety.ca
Active Training Solutions	905-767-8447	
ACUTE Environmental	519-747-5075	info@acuteservices.com
AEC Safety	519-746-3518	
Algonquin Safety Training	705-223-0120	Admin@algsafety.ca
Barantas Inc.	1-855-FUL-SAFE	info@barantas.ca
Bullivant and Associates	289-779-6760	
Canadian Safety Group	905-321-9901 or 905-401-0088	info@canadiansafetygroup.com
Hamisco	519-652-9800	sales@hamisco.com
Hazmasters	877-747-7117	connect@hazmasters.com
HeartZap	1-866-764-8488	
Help Safety Services	905-821-8928	help@helpsafetyservices.com
Industrial Education Cooperative	519-383-1222	
Industrial Safety Trainers	1-800-219-8660	
KMC Safety Solutions	519-521 2744	info@kmcsafetysolutions.ca
Major McGuire	519-944-9999	info@majorsmcguire.com
Northern Safety Solutions -	705-524-8189	info@nss4.com
Occupational Health & Safety Consultants	519-758-0146	admin@ohsconsultants.ca
Restoration Safety	416-799-9614	
Rubicon Safety	London: 519-551-9383; Burlington: 416-999-9304	
Safety Guys Ottawa	613-549-6941	
Spark Safety Solutions	844-267-8600	office@sparksafety.ca
STS Group Inc.	416-635-7800	info@stscanada.com

Organization	Phone Number	Email if Applicable
TGH Safety Consultant	519-383-7655	ccooper@tghsafety.com
Workplace Law Consulting	416-930-6180	wpl@workplacelawconsulting.com
Workplace Safety & Prevention Association	905-614-1400	customercare@wsps.ca
Worksite Safety Compliance Centre Inc	866-756-5552	